



HM Government of Gibraltar

Ministry of Culture, the Media,
Youth and Sport

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Youth Service Dramatherapy Workshops

Last Saturday the Youth Service joined up with the experienced and qualified Dramatherapist, Nyree Robinson, to run a series of age-appropriate workshops.

The workshops aimed to educate young people about healthy relationships. Through creativity and dramatherapy games, members explored issues and themes around respect, personal / body boundaries and interpersonal relationships.

Over 30 members engaged positively in the workshops and understood the concept of what a healthy relationship is. Healthy relationships are vital to mental and emotional well-being, and it is important that young people are provided with the right educational tools to help them at each state of their development.

For more information on Gibraltar Youth Service please contact the Principal Youth Officer, Mark Zammit at mzammit@gibraltar.gov.gi or for opening times of our youth clubs, check out our website www.youth.gi.

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